



# INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2007



## SARA MCLARTY (USA)

**Nickname:**

**Nationality:** United States



**Date of Birth:** 25 February 1983

**Place of Birth:** DeLand, Florida, USA

**Residence:** Colorado Springs, Colorado, USA

**Height:** 5'6" (1.68m)

**Weight:** N/A



**2006 Year-End  
Ranking: 67th**

**Current Coach:** Cliff English

**Current training location:** Colorado Springs, Colorado, USA

**Favourite ITU Race & why:** I don't have a favorite race yet...but it will be the first ITU race that I win!

**First Triathlon and reason:** I participated in my first triathlon when I was 7 years old (1990) after watching my mother complete a race.

**Proudest Moment:** 2nd place at 2006 USA Triathlon Elite National Championships. Graduating from the University of Florida in 2004. Silver medal in 400m freestyle at the 2004 Swimming World Championships.

**Triathlon Goals:** To represent my country and USA Triathlon at the World Championships, Pan-Am Games, and Olympic Games

**Personal Best:** Swim (1500m) - 16:12      Bike (40km) - N/A      Run (10km) - 37:10

**Most influential person in sporting career:** My mother is responsible for introducing me to sports and encouraging me to be the best I can be.

**Sponsors:** Speedo, Orca, Rudy Project

### PERSONAL

**Profession:** Triathlete & Student

**Marital Status:** single

**Education:** BS in Telecommunications from University of Florida (Started MBA in 2005)

**Language(s):** English

**Sibling(s):** one brother

**Father's Occupation:** Custom woodworker

**Mother's Occupation:** Custom woodworker

**Family History in Sport:** Grandmother qualified for the canceled 1940 Olympic Games in swimming, nationally ranked tennis star. Mother, Karen, was an All-American water polo player, participated in 2000 & 2001 triathlon age-group World Championships. Father, Brent, was a member of the national champion 4-way formation skydiving team. Brother, Dustin, current member of University of Florida Swimming team, 2001 age-group Aquathlon World Champion.

**Other Sports:** Swimming & Open Water Swimming

**Biggest Obstacle Overcome in Life:** two shoulder dislocations during high school

**Goals outside Triathlon:** To motivate, inspire, and encourage American children to be active and participate in sports.

**Website:** [www.saramclarty.com](http://www.saramclarty.com)

## CAREER

### Ranking History:

2006 - 67th    2005 - N/A    2004 - N/A    2003 - 362nd    2002 - 316th    2001 - 227th

*Rankings unavailable prior to 2000*

### World Cup Highlights:

6 World Cup top 20 finishes

### World Championship Highlights:

2006 Aquathlon World Champion (Lausanne, SUI)

2006 Triathlon World U23 Championships - 11th Place (Lausanne, SUI)

2005 Triathlon World U23 Championships - 9th Place (Gamagori, JPN)

### Other:

15-time NCAA All-American swimmer at University of Florida

USA Triathlon's U23 Female Athlete of the Year for 2006

### Olympics:

N/A

